



The Tradition Continues!

TEAM MSFITS

ICE CREAM RIDE



Sponsored by

Biogen Idec & Hendrick Durham Auto Mall

Date: Saturday, June 19th 2010

Distances: 25 Miles and 100K (metric century)

Time: 100K Sign Waivers – 6:45 a.m. Leave – 7:30

25 Miles Sign Waivers – 8:00 a.m. Leave – 8:30

Please choose your route based on your skill and training level.
We anticipate all riders will be back at the Start/Finish line before 2:00.
Route distances are approximate.

SAG Vehicles, Stocked Rest Stops & Mechanical Support

ICE CREAM WITH ALL THE FIXIN'S WHEN YOU GET BACK!

Ride Location:

Biogen Idec — 5000 Davis Dr., Research Triangle Park, NC

REGISTER AT: www.active.com or www.sportoften.com

Registration Fee \$20 before June 11th and \$25 after June 11th.

Proceeds benefit the National Multiple Sclerosis Society.

Download this flyer and get directions at: www.msfits.org

→ HELMETS ARE REQUIRED ←

RULES OF THE ROAD & SAFETY INSTRUCTIONS
WILL BE REVIEWED BEFORE WE HIT THE ROAD



TEAM MSFITS – Until there's a Cure!

biogen idec

