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*Kickoff Ride - 2008!*  
**May 3, 2008**

**First In the Series of  
Bike Tour Training Rides for 2008**

HOSTED BY TEAM MSFITS - PROCEEDS TO BENEFIT NATIONAL MS SOCIETY!

Join your friends, teammates, and other cyclists at this fun-filled event.

**\$20.00 registration fee (payable day of event) includes:**

- 21-mile and 48-mile marked routes (and cue sheets) – Rolling terrain (from RBC through N. Raleigh)
- Fully stocked rest-stops
- SAG Vehicles
- Lunch (like the “good old days” – Jerry’s back and cookin’ up a storm – burgers (and veggie burgers), dogs, pasta salad, and home baked goodies!)
- Two Live Bands – soft drinks and the “ultimate carb” available for purchase

**Sign up in advance so we know you’re coming!**

and tell us which route so we can be prepared with enough supplies

[mskickoff2008@yahoo.com](mailto:mskickoff2008@yahoo.com)

**Location:** RBC Center – 1400 Edwards Mill Road, Raleigh –  
Use Edwards Mill Rd. Entrance

**Time:** Registration 48 miles: 7:00 – Ride out at 8:00  
Registration 21 miles: 8:15 – Ride out at 9:00

**HELMETS REQUIRED!**